

Seafood and you

1. Do you eat seafood? What about food that comes from lakes or rivers? What kinds of seafood do you eat?
(If you do not eat seafood, or anything that comes out of rivers or lakes, please state why).

2. If you eat seafood, do you mostly eat it at home, or in restaurants?

3. Where does the seafood you eat come from?

4. Is there a type of seafood you would miss if you could no longer eat it? If you do not eat seafood, please talk about an animal or plant who lives in the water you might miss if it were gone. Why would you miss it?

5. What do you think it means to overfish?

6. Have you ever heard of sustainable seafood? What do you think this means?

