Avian Influenza – A primer

Katie Haman, DVM, MSc Wildlife Veterinarian, Science Program



Image credit: Amy Lutz

AIV Baby Basics

Waterfowl are considered natural reservoir of AIV

Historically, AIV rarely caused issues for wild birds.





LPAI vs HPAI

- Pathogenicity is defined by the impact on domestic poultry
- Low pathogenicity avian influenza
 - Doesn't really cause disease in domestic birds
- HPAI can kill >75% of infected domestic birds.
 - Only H5 and H7 are considered HPAI.
 - But, not all H5 or all H7 ARE HPAI.
- Flu viruses readily reassort/evolve, so a low-path H5 may easily become a high-path H5.
- Though human infections w/ HPAI are rare, when they do occur, mortality can be high.
 - E.g., H5N1 has ~50% mortality rate.



Why do we care about HPAI so much?

- Agricultural impact(s)
 - >58 million domestic birds since 2022
- Also, AIV can infect humans
 - Zoonotic disease
- Recombination of bird IA-V with Human IV-A is of concern
 - 1918 Spanish Flu pandemic was an AIV (H1N1)
- Hence the interjurisdictional nature of HPAI response and management









Department of Fish and Wildlife



History of HPAI in the US





Important take home – HPAI has changed

Historically, HPAI infections were associated with domestic birds!



Image credit: Science News



Is HPAI H5N1 an emerging disease threat for wild birds?





H5N1 (EA 2.3.4.4b) in Washington

- 1 March 2022 1st case in WA
- Greater white fronted goose
- Walla Walla Co



Since then....

- Monitoring reports sick/dead wild birds
- Submit priority suspect cases for testing
- Working closely with wildlife rehabilitators
- Regular coordination calls with state and federal partners





HPAI sampling and confirmed cases in WA

- 206 cases submitted
 - Lots more recorded as "suspect"
- 112 confirmed H5N1
 - NVSL does confirmation testing
- Various birds and mammals tested
 - Only raccoons and bobcat positive (so far) in WA









The impact in WA?

- Unfortunately, we don't really know.
- Biased monitoring approach
- Limited resources (\$, staff time)
- Some species impact may be rather large e.g., Caspian terns



Globally, estimated >75,000 wild birds have died due to H5N1 2.3.4.4b. Most of these are colonially nesting marine birds.



Rat Island outbreak - ongoing





- First H5N1 event in marine environment (in WA)
- >1224 dead Caspian terns
- >158 dead Gulls
- Huge effort for carcass removal
 - >30 people days
- Long-term impacts?

When is such effort warranted?

- Setting is it feasible?
- Benefit vs cost
- Scale of mortality
- Likelihood of exposure to other wild birds and mammals
- Access
- Disposal
- Public health reasons
- Adequate resources



Photo credit: Scott Pearson



H5N1 in Washington – next steps

- Continue surveillance
- Identify reservoir(s)
- Data-driven risk assessments
- Science-driven management recommendations

Pending resources.





Closing thoughts

The New York Times

An Even Deadlier Pandemic Could Soon Be Here

Feb. 3, 2023



- This highlights the importance of our interjurisdictional collaborations.
- HPAI overlaps many jurisdictions:
 - WDFW
 - DOH / Public Health
 - WS Dept of Ag
 - USDA APIHS
 - USFWS
 - NOAA



H5N1 is different

Take home points...

H5N1 may be "emerging" in wild birds

H5N1 in impacts in Washington have been HARD to quantify



This strain of HPAI (EA H5N1) is more deadly to wild birds



Department of Fish and Wildlife

Photo credit: Mike Segar

Questions?

Katherine.haman@dfw.wa.gov



Image Credit: American Oceans